

SHAPE foundation - Project Impact Assessment

Project Information

Current Status

Initiated in December 2022, the Sanchetna Psychology Research project, located in Buldhana district's Parada village under Manav Shikshan Shodh Sansthan, is led by Aarti Narayan. The project focuses on understanding psychology from diverse perspectives, aiming to give direction to the lives of individuals aged 20-25.

Project Overview

The project involves designing curriculums with a unique focus on the regular daily life of non-problematic youth. It covers eight subjects, including health and wellbeing, interpersonal relations, environmental psychology, child psychology, socio-emotional development, self and personality, and counselling. Meetings occur every three months, with workshops covering various aspects.

Future Plans

Planned activities include regular workshops every three months in 2023 (January, April, September, December, and March), targeting a minimum of 30-40 participants each time.

Impact Assessment

The specific goals are to impact the lives of 20-25-year-old youth, focusing on qualitative and quantitative indicators to measure success.

Beneficiaries and Target Population

Primary beneficiaries are the 20-25-year-old youth, addressing issues related to relationships and life.

Financial Support

The project has received a stipend of 20,000 each for two people and hosting support, but a detailed breakdown of fund utilization is not provided.

Impact Evaluation

While there is no mention of baseline studies, the project aims to continually assess its impact, with key findings yet to be summarized.

Challenges and Solutions

Challenges include time constraints due to volunteer-based efforts, the need for academicians, course designing under UGC, and low human resources. Efforts are being made to address these challenges.

Partnerships and Collaboration

Key partners and stakeholders include IASE, GVM, SHAPE Foundation, Divyapath Sansthan, and Manav Shiksha Shodh Sansthan. These collaborations play diverse roles in achieving project goals.